

Modified Roman Stitch Napkin Ring

By MakerKnit.com

This is the third napkin ring that I designed for what became a “sampler” set of six napkin rings. Although it’s third in the series, it would be a great first project if you’ve never used double-pointed needles before—the project itself is small and quick, and the pattern is very easy.

I picked Roman stitch because it was simple and had nice texture, and I thought its horizontal bands would be attractive around the napkin ring’s cylindrical shape. Like the other patterns I chose for the sampler set, I felt Roman stitch would complement the napkins I fancied, which were quite colorful and had both writing and figures on them (see top photo).

The original Roman stitch is a six-row repeat consisting of horizontal bands of seed stitch between rows of stockinette stitch. I modified the pattern to be a five-row repeat so there would be three seed stitch bands spaced evenly on the finished napkin ring.

You can make six napkin rings from just one hank of Lorna’s Laces Green Line DK—a beautiful bargain!

YARN

1 hank Lorna’s Laces Green Line DK (100% organic merino wool; 145 yd/2 oz), shown at right in Chocolate (top) and Growth (bottom).

NEEDLES & NOTIONS

US 4 (3.5 mm) dpns, set of 4.

Stitch marker.

Napkin ring inserts, 44 mm diameter (optional; see **NOTES**).

Darning needle to finish.

GAUGE

6 sts and 8 rows = 1” in St st, however gauge is not critical (see **NOTES**).

FINISHED SIZE

Before edges folded and seamed over insert, approx 2.75” high and 7” around center.



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NOTES

The beginning six rounds and ending five rounds (in St st) form the napkin ring's interior. If you don't want to use inserts, visit MakerKnit.com and search "napkin ring" for suggestions on changing the pattern and for other finishing alternatives.

The stated gauge will produce a knitted tube that fits around 44 mm inserts, with the finished napkin ring being about 1.5" high and 7.25" around. So unless you choose to use similar inserts or want your napkin rings to be exactly that size, gauge is not critical.

For the long-tail CO method, leave yourself a 23" tail when making your slipknot.

INSTRUCTIONS

CO 37 sts. Spread out sts over 3 dpns—12 sts, 12 sts, 13 sts. PM and join to work in the rnd, being careful not to twist sts.

Rnds 1 through 6: k all sts.

Rnd 7: *k1, p1, repeat from * to end of rnd.

Rnd 8: *p1, k1, repeat from * to end of rnd.

Rnds 9 through 11: k all sts.

Rnd 12: repeat Rnd 7.

Rnd 13: repeat Rnd 8.

Rnds 14 through 16: k all sts.

Rnd 17: repeat Rnd 7.

Rnd 18: repeat Rnd 8.

Rnds 19 through 23: k all sts.

FINISHING

BO kwise leaving 18" tail for seaming. Use BO tail and invisible horizontal seam to sew CO and BO edges tog over napkin ring insert (if using), tucking in CO tail under seam as you go. For finishing help, visit MakerKnit.com and enter "napkin ring" in the search box.

ABBREVIATIONS

approx	approximately	mm	millimeter(s)	St st	Stockinette stitch
BO	bind off	oz	ounce(s)	tog	together
CO	cast on	p	purl	yd	yard(s)
dpns	double-pointed needles	PM	place marker	*	repeat starting point
k	knit	rnd(s)	round(s)		
kwise	knitwise, as if to knit	st(s)	stitch(es)		



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